

JULY 2024

E-MAGAZINE



# MIJARC ASIA

THE VOICES OF CHANGEMAKERS

**"THE LORD GOD TOOK THE MAN  
AND PUT HIM IN THE GARDEN OF  
EDEN TO WORK IN IT AND TAKE  
CARE OF IT."**

**-GENESIS 2:15**

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# EDITORIAL MESSAGE



Welcome to the inaugural edition of the MIJARC Asia e-newsletter! We are thrilled to launch this new platform dedicated to connecting and empowering the MIJARC Asia community. As a movement that embodies the spirit of youth-led change, we recognize the importance of staying informed, inspired, and connected.

Through this e-newsletter, we aim to share stories of hope and resilience, highlight the impactful work of our members, and provide updates on our initiatives and campaigns. We will also feature articles, interviews, and resources on topics relevant to our mission, such as sustainable development, social justice, and youth empowerment.

Our goal is to create a vibrant and inclusive space where we can learn from each other, celebrate our achievements, and support one another in our pursuit of a more just and equitable world.

We invite you to join us on this journey to share your stories, ideas, and perspectives. Together, let us amplify the voices of young people in Asia and beyond and work towards a brighter future for all.

Thank you for being part of the MIJARC Asia community!

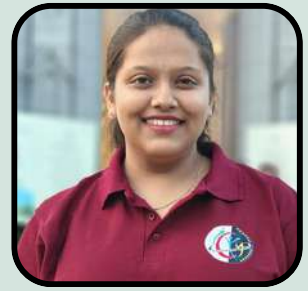
Best regards,

**Dr. Krishnakar Kummari**

**Chief Editor**

**MIJARC World Advisor**

# EDITORIAL MESSAGE



Greetings,

Ever since my childhood, I have always excelled in organizational skills and leadership. However, the meticulous work of sitting in one place, editing, and collecting data was never my preference. But when Dr Krishnakar Kummari gave me the opportunity to design this magazine, I couldn't refuse. I embraced this challenge wholeheartedly, and I am proud to present to you the first magazine I have ever edited.

I firmly believe in the principle of never giving up, and I encourage all of you to adopt the same attitude. As it is written in the Bible, "I can do all things through Christ who strengthens me" (Philippians 4:13). Let this be a reminder that perseverance and faith can help us overcome any challenge.

Thank you, and I hope you enjoy this edition.

Many greetings,

**Miss Viola Reshma Lewis**

**Editor & Designer**

**MIJARC Karnataka Coordinator**

# PRESIDENTIAL ADDRESS



Dear MIJARC Asia Members and Friends,

I am very pleased to announce the launch of MIJARC Asia's E-letters. This magazine serves as a source of inspiration, particularly for young farmers worldwide. Our e-letters highlight the vital role that youth play in agriculture, showcasing their active involvement and the various initiatives promoting sustainable farming in rural areas.

Through these publications, we aim to spread awareness about the importance of agriculture and the innovative practices being implemented by our young members. These stories will not only encourage more youth to participate in agriculture but also underscore the significance of rural development.

Let us celebrate the efforts and achievements of our young farmers and continue to support their endeavors in building a sustainable and prosperous future for all.

Warm regards,

**Miss Ferosita Basumatary**  
**President, MIJARC World**



# KEY NOTE ADDRESS



Warm Greetings from MIJARC Asia!

We are thrilled to launch our E-newsletter, connecting you with inspiring stories, updates, and opportunities as we celebrate our 30th anniversary. For three decades, we have empowered young people, promoted social justice, and nurtured leadership. Join the conversation by sharing your thoughts, suggestions, and feedback with rural young people, and let's work together to create a vibrant and inclusive community that drives positive change. We are grateful for your support and commitment to our shared values. Together, let's continue to inspire and empower each other to create a brighter future for all.

I am very happy to share my experience from an international meeting through MIJARC Asia, where I had the great opportunity to visit Belgium for the World Coordination and Training. MIJARC Global Advisor Krishnakar and I participated in this meeting, along with representatives from Africa and Latin America. It was one of the best experiences of my life, and I learned many extraordinary things about MIJARC. I thank Dr. Krishnakar, the MIJARC Asia team, and the national coordinators for their support and cooperation. “Remember, our collective efforts make a difference. Let’s stay connected and inspire one another.” Thank you for being part of our journey!

Best regards,

**Miss Selvi Ruffina**

**MIJARC Asia coordinator.**

## THE JOURNEY FROM MANGALORE TO OOTY: A LESSON IN ENVIRONMENTAL AWARENESS

Miss Viola Reshma Lewis  
MIJARC Karnataka co-ordinator

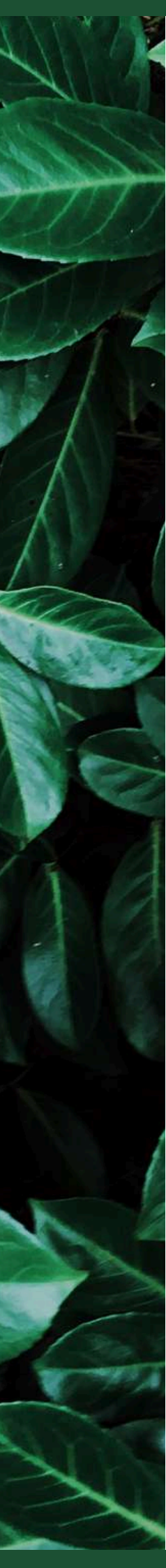


As we journey through life, we often find ourselves confronted with unexpected lessons, sometimes in the most unlikely of places. A recent trip from the scorching heat of Mangalore to the cool heights of Ooty in Tamil Nadu provided just such a revelation, highlighting the intricate relationship between human greed and its impact on the environment.

In the sweltering heat of Mangalore, where temperatures soared to 40 degrees Celsius, the thought of cooler weather in Ooty seemed like a welcomed relief. With this anticipation, we embarked on our journey without a second thought to packing jackets or sweaters. After all, why burden ourselves with extra luggage when the promise of a milder climate awaited us?

However, upon reaching the serene hill station of Ooty, our expectations were abruptly shattered. Instead of the anticipated warmth, we found ourselves shivering in the cold, hastily seeking out sweaters to shield ourselves from the biting chill. In that moment of discomfort, a realization began to dawn – our own greed and desire for comfort had blinded us to the realities of our surroundings.

This seemingly trivial incident served as a poignant metaphor for the larger issues plaguing our world today. Our insatiable greed drives us to consume resources at an alarming rate, often without consideration for the consequences. We want convenience, comfort, and luxury, regardless of the toll it takes on the environment.



The contrast between Mangalore and Ooty serves as a stark reminder of the diverse ecosystems that coexist within our planet. While Mangalore's coastal region has historically endured the heat with relative ease, the changing climate and rampant development have now made air conditioners a necessity for survival. Our relentless pursuit of modern comforts has disrupted the delicate balance of nature, leading to escalating temperatures and environmental degradation.

An instance from the Bible that echoes this sentiment is found in Genesis 2:15, where God placed Adam in the Garden of Eden "to work it and take care of it." This directive underscores humanity's responsibility to care for the Earth and preserve its bounty. It is a timeless reminder that stewardship of the environment is a sacred duty.

In conclusion, our trip from Mangalore to Ooty was more than just a change in scenery; it opened our eyes to environmental awareness. The discomfort we felt reminded us of the harm caused by human greed and the need to protect our planet. Throughout our journey, we saw the impact of pollution, deforestation, and habitat loss. These experiences showed us why it's important to take care of our environment. By learning from these examples, we can make better choices that respect and protect our planet. Our journey highlighted the importance of sustainability and the need to preserve the environment for future generations. Let's continue to respect and protect our ecosystems, guided by both practical actions and ethical values. Each decision, no matter how small, contributes to the health of our planet. It is through these mindful choices that we can ensure a sustainable and thriving world for future generations.



# RURAL YOUTH EMPOWERMENT

**Mr. Bihung Borgoyary**  
**MIJARC Ne-India Coordinator**



Youth empowerment is a multifaceted concept that encompasses various aspects of young people's lives. It involves providing them with the platform accessible to tools, resources, and opportunities to foster their skills, actively participation in social, economic, and political spheres of life. It is a transformative concept, which encourages youths to lead, innovate, and be a changemakers in the society. Keeping this in view, rural transformation has become vital for socio-economic development. It forms the basis for achieving several sustainable Development Goals (SDGs), including eliminating food crisis and malnutrition. It is in this regard that Rural Youth Empowerment is the key drive of the transformation process. One of the key issues is that the number of young people globally is increasing, but they do not see agriculture and Agri entrepreneurship as an attractive profession. Currently, rural youths have too little access to many of the ingredients of agricultural success, due to negligence and lack of interests and guidance. Mostly the common scenarios are the rural youths largely depend on their parents for all basic needs and wants. On the other hand, farming is also getting harder because of climate change, degradation of natural resources, inadequate land, water scarcity, and loss of biodiversity. Therefore, revitalizing rural economies will greatly require the empowerment of youth in all spheres of walk of life. It demands to be the guidance to governments and other collaborators on how to better support rural youths for empowerment .

One of the promising aspect is that, by investing in their growth, and involving the youths in decision-making process, we not only secure a brighter future but also create a more inclusive, innovative, and harmonious society.



The Framework for rural Youth Empowerment can be well executed through action plans viz. promoting leadership in politics, society and the church, democracy and participation, creation of young farmers associations/unions, farm-management, entrepreneurship in agri-business, vocational training, academic coaching, UNDROP awareness, climate awareness, practice of agroecology, environmental awareness, individual capacity building, cultural workshops, tourism marketing, consumption of nutritious food and sports & youth welfare activities.



Through MIJARC, on the basis of Christian spirit, if the above mentioned action plans are well implemented then the right to an adequate standard of living a decent livelihood and the means of production for the youths can be assured. MIJARC as an actor in rural areas helps young people to become critical actors to change the agricultural environment for the creation of a new society, a new person and a rural structure based on justice, peace and durability, supporting a sustainable development and defending the human rights. 'It is obvious that when we believe in our young people and give them an environment where they feel valued, listened to, and capable of making meaningful contributions, it fosters a sense of freedom within themselves that propels them towards success'.

# YOUTH AS AGENTS FOR ENVIRONMENTAL CHANGE

**Miss Mariam Salmoon**  
**MIJARC Pakistan coordinator**



## **Youth as Agents for Environmental Change**

The environment faces unprecedented challenges, from climate change to pollution, deforestation, and biodiversity loss. In the face of these issues, youth have emerged as pivotal agents of change. With their passion, innovation, and resilience, young people are driving significant environmental transformations across the globe. Here's how they can and are making a difference.

### **Education and Awareness**

Youth are increasingly aware of environmental issues, thanks in part to the digital age. Social media platforms, online campaigns, and educational initiatives have empowered young people with knowledge about the planet's critical state. This awareness is the first step towards change, as informed individuals are more likely to take action and influence others.

### **Innovative Solutions**

Innovation is at the heart of youth-led environmental initiatives. Young entrepreneurs and scientists are developing new technologies and sustainable practices to combat environmental degradation. From creating biodegradable materials to developing renewable energy solutions, their fresh perspectives and creative problem-solving skills are invaluable.

### **Advocacy and Activism**

Youth activism has gained momentum worldwide, with figures like Greta Thunberg inspiring millions. Young activists are not just raising awareness but are also demanding policy changes from governments and corporations. They organize climate strikes, participate in global summits, and use their voices to



advocate for a more sustainable future.

### **Community Engagement**

At a local level, young people are initiating projects that directly impact their communities. Whether it's organizing clean-up drives, planting trees, or starting recycling programs, these grassroots efforts contribute significantly to environmental conservation. Engaging their peers and community members, youth can foster a culture of sustainability from the ground up.

### **Leveraging Technology**

In an era where technology is ubiquitous, youth are leveraging digital tools to promote environmental sustainability. Apps for reducing carbon footprints, platforms for environmental education, and virtual activism campaigns are just a few examples of how technology can aid in environmental efforts. Tech-savvy youth can harness these tools to spread their message and mobilize support.

### **Sustainable Lifestyle Choices**

Individual actions matter, and youth are adopting more sustainable lifestyles. By choosing to reduce, reuse, and recycle, opting for eco-friendly products, and supporting sustainable brands, young people can drive market demand towards greener alternatives. Their choices set a precedent and influence older generations to follow suit.

### **Global Collaboration**

Environmental issues are global, and so are the efforts to tackle them. Youth from different parts of the world are collaborating through international organizations, conferences, and online forums. This global network allows for the exchange of ideas, resources, and strategies, making their efforts more impactful.



# YOUTH AS CATALYSTS FOR ENVIRONMENTAL CHANGE

**Mr. Rohit Aris**

**MIJARC Pakistan Coordinator**



The environment is facing critical challenges, from climate change to deforestation. Amid these issues, young people are emerging as powerful agents of change. Here's how youth can make a significant impact on the environment: Young people are more aware of environmental issues due to digital media and online education. This awareness is crucial because informed individuals are more likely to act and spread knowledge to others. Young innovators and scientists are developing groundbreaking solutions to environmental problems. From inventing eco-friendly materials to advancing renewable energy technologies, their innovative ideas are crucial for sustainable progress. Youth activism is on the rise, with leaders like Greta Thunberg rallying millions. These young activists are not only raising awareness but also pushing for legislative changes. They organize protests, attend global conferences, and advocate for a better greener future generation.

Young people are making a great difference at the community level by organizing clean-ups, planting trees, and starting recycling programs. These local actions are vital for environmental preservation and help.



In today's tech-driven world, young people use digital tools to advance environmental causes. They develop apps to track carbon footprints, create online platforms for environmental education, and run digital campaigns to mobilize support for green initiatives. Youth are adopting sustainable lifestyles by embracing practices like reducing waste, reusing materials, and recycling.

Young people from different countries are collaborating through international forums, organizations, and online platforms. This global network allows them to share ideas, resources, and strategies, amplifying their impact on environmental issues. With their awareness, innovation, and determination, young people are leading the way in environmental change and working towards a more sustainable world.

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## **HOW YOUTH CAN MAKE SIGNIFICANT IMPACT ON ENVIRONMENT?**



**Mr. Haris Qaiser**

**MIJARC Co-ordinator**

Youth play a crucial role in addressing environmental challenges and shaping a sustainable future through their unique perspectives, actions, and advocacy. Firstly, young people bring fresh perspectives and innovative ideas to environmental issues. Growing up in a world increasingly affected by climate change, they are often more attuned to its impacts and motivated to find solutions. Their creativity and openness to new technologies can drive advancements in renewable energy, sustainable agriculture, and conservation practices. Secondly, youth have significant influence as consumers and activists. By making informed choices and supporting environmentally responsible products and businesses, they can drive market demand towards sustainability. Their collective voice in advocacy and activism can pressure governments and corporations to adopt policies that prioritize environmental protection and climate action.



Moreover, education and awareness are powerful tools wielded by youth. Through schools, social media, and community initiatives, they can raise awareness about environmental issues and inspire others to take action. By promoting environmental literacy and encouraging sustainable behaviors, they contribute to building a society that values and protects the natural world. Additionally, youth engagement in environmental movements and organizations amplifies their impact. Whether participating in local clean-up events, joining youth-led climate strikes, or volunteering for conservation projects, they demonstrate commitment and solidarity towards environmental stewardship. These collective efforts not only raise public awareness but also influence policy makers and inspire broader societal change.



Lastly, fostering intergenerational collaboration is essential. By bridging the gap between generations, youth can leverage the wisdom and experience of older generations while infusing new energy and ideas into environmental initiatives. Collaborative efforts ensure that diverse perspectives are considered, fostering more comprehensive and effective solutions to environmental challenges.

In conclusion, youth empowerment and engagement are vital to achieving sustainable development and combating climate change. Their active involvement in advocacy, innovation, education, and community action positions them as key agents of change in safeguarding our planet for future generations.



# A REMARKABLE DAY!

**Dr. Krishnakar Kummari**  
**MIJARC World Global Advisor**



On June 13th, I had a truly remarkable experience. I visited the Vatican and met Pope Francis. Walking through St. Peter's Square, I was struck by the grandeur of the Basilica and the rich history all around me. As I made my way through the magnificent halls filled with centuries-old art and architecture, my anticipation grew.

Finally, I reached the New Synod Hall, where Pope Francis was scheduled to meet with participants from various international ecclesiastical movements for the annual meeting. When Pope Francis entered the room, there was a sense of humility and warmth. Known for his approachable and compassionate nature, he greeted each person with a genuine smile and kind words.



When it was my turn, I felt a mix of excitement and respect as I approached him. Pope Francis took my hand and looked into my eyes with deep empathy and understanding. His presence was calming, and I felt an immediate connection. I had the honor of presenting him with a traditional Indian stole.

I introduced myself and explained the mission of MIJARC to Pope Francis. He listened intently, and his thoughtful and wise words left a lasting impression on me. He appreciated MIJARC's mission and requested prayers for his health.

After the meeting, I left with a renewed sense of purpose and inspiration. Meeting Pope Francis was not just a personal encounter but a reminder of the values he embodies - humility, compassion, and a commitment to serving others.

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## **REPORT ON THE ASIA PACIFIC REGIONAL CONSULTATION FOR NYELENI GLOBAL FORUM ON FOOD SOVEREIGNTY**

**Mr. Praful Kumar Ekka.**  
**MIJARC Asian Coordinator**



### **Event Overview:**

The Asia Pacific Regional Consultation for the Nyeleni Global Forum on Food Sovereignty was held in Negombo, Sri Lanka, from June 9th to 12th, 2024. Representatives from 13 countries and indigenous communities across the Asia Pacific region participated in this four-day event, organized by the International Planning Committee for Food and Sovereignty.

### **Discussions and Knowledge Sharing:**

During the consultation, participants discussed the various issues faced by their respective communities concerning food sovereignty and climate crises. They shared generational knowledge to address these challenges, focusing on sustainable solutions and practices.



## **Food Sovereignty:**

Food sovereignty is defined as the right of people to have access to nutritious and culturally appropriate food produced in a sustainable and ecological manner. It emphasizes the right of communities to determine their own food production systems. This approach places those who produce, distribute, and consume food at the center of food systems and policies, prioritizing their needs over the demands of large corporations. Importantly, it includes considerations for future generations.

## **Agroecological Practices:**

The consultation also highlighted the importance of adopting agroecological practices in daily life. These practices not only support sustainable living and growth but also contribute to the resilience and health of communities and the environment.

## **Participation from MIJARC Asia:**

Representing MIJARC Asia, I, along with Ms. Deepthi Sofia from MIJARC Karnataka, participated in this significant event. We contributed to the discussions and shared insights on the importance of food sovereignty and sustainable agricultural practices.





# “RAISE” PROJECT ACTIVITIES

## 1. UNDROP Training program & MIJARC Asia Coordination meeting

The MIJARC Asian Coordination Meeting was held from January 14th to 17th, 2024, at Kallathipura parish of Chikmagalur diocese Karnataka. This gathering brought together representatives from various regions of South Asia, including Nepal, Northeast India, Andhra Pradesh, Telangana, Karnataka, Madhya Pradesh, Tamil Nadu, Kerala, Odisha, and Sri Lanka. The meeting served as a platform for discussing key initiatives and fostering collaboration among South Asian states and countries.



A significant focus of the meeting was the training based on the United Nations Declaration on the Rights of Peasants (UNDROP). Over three days, a Miss Ashwini, High Court lawyer provided detailed explanations of these rights, ensuring that attendees had a thorough understanding of the legal frameworks that support rural communities and peasants. The presence of his gracious Most Rev. Dr Henry Dsouza, Fr Lourd Raj the Regional youth director of Karnataka along with Dr Krishna Kummari, the Global Advisor, Miss Ferosita, the MIJARC World President and coordinators Mr Ruffina and Mr Praful Kumar, highlighted the importance and high level of engagement in the discussions.

The meeting also emphasized agro-ecology practices, underscoring the need for sustainable architecture and ecological development. These practices are crucial for creating sustainable communities and addressing environmental challenges. Additionally, women empowerment was a central theme, with discussions focusing on projects that support rural women. A notable highlight was the successful agriculture project undertaken by the Kalappura Parish, which has significantly benefited the local community. This project serves as a model for empowering rural women through sustainable agricultural practices.

Overall, the meeting underscored the importance of empowering rural youth and women, promoting sustainable practices, and enhancing legal education. The collaborative efforts and shared knowledge aim to create lasting impacts in the rural communities of South Asia, fostering development and empowerment across the region.

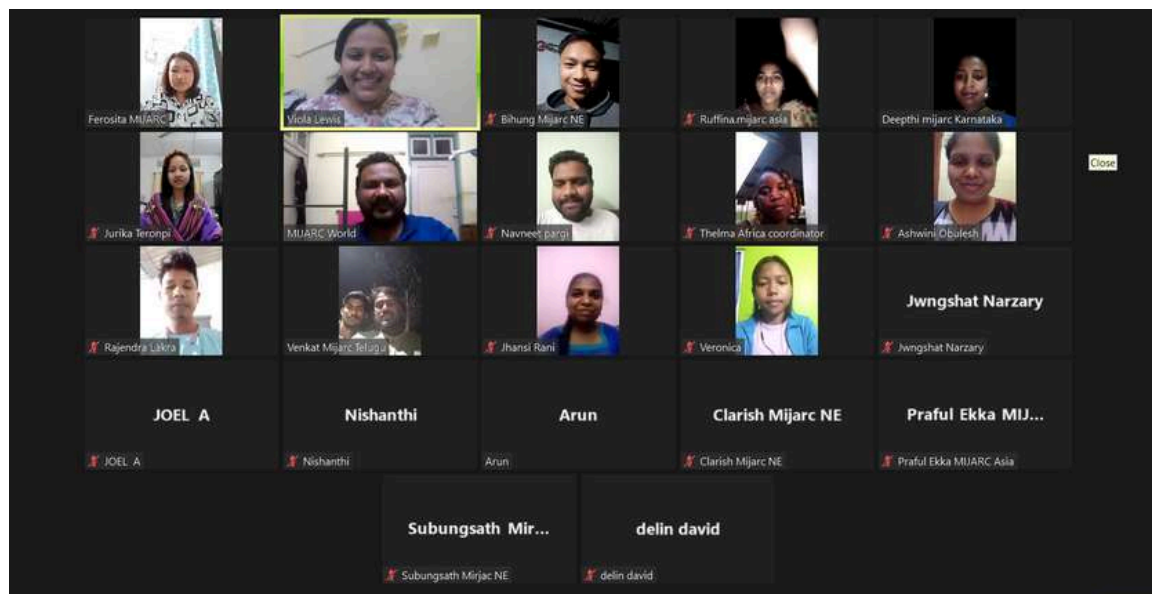




## 2. Womens Day Celebration:

On the occasion of Women's Day, the Women's Commission of MIJARC Asia organized an online celebration using the Zoom platform. The event was graced by the presence of several distinguished guests, including Dr. Krishnakumari, MIJARC Global Advisor; Miss Ferosita, MIJARC World President; Miss Deepthi, the Temporary Chairperson of the Women's Commission; and Miss Thelma, a delegate from Africa.

The resource person for the event was Miss Ashwini, a high court lawyer from Karnataka. In her address, she highlighted the importance and challenges faced by women. She emphasized the continuous progress in society and how women are gradually making strides in every field.





# REGION WISE REPORT

## 1. MIJARC Asia– AP Activity

- On 12th January 2024, as part of National Youth Day celebrations and Plantation Program at Kumarapally village, Telangana. Mr Kummari Krishnakar, Mijarc World Advisor, Mr Venkat Swamy , Mijarc Telugu Coordinator, Fr Surendar and 40 youth and Children participated.



- On 24th January 2024, as part of UNDROP awareness and importance of nutritious food was given. Plantation of tomato, brinjal, leafy vegetable plants , drumstick plants, some of the flower plants were planted by the youth and children. Nearly 24 people participated. Activities are conducted and snacks distributed. The Program was conducted by Miss Divya Priya, Mijarc Telugu Coordinator.



- On 14th February 2024, Awareness program was organized on Agroecology and Kitchen Gardening at ZPHS Samudrala High School, Telangana. Conducted Quiz Competition and distributed prizes to the Students. Mr Venkat swamy, Facilitator and staff participated.



- On 20th March 2024, conducted a Meeting with local young farmers regarding UNDROP and Peasants Rights. Also discussed with Catholic workers in different fields like painters, brick makers, electrician, mechanics, shop keepers about their issues in Telangana Region. The program was conducted by Mr Venkat swamy, Mijarc Telugu Coordinator. Many youth participated and benefited.





- On 18th April 2024, organized a program at Telangana on Agroecology Practices at our change makers home. Pouring the water, using natural fertilizers, cleaning surrounding of the plants, fencing etc, during the summer season by Mr Venkat Swamy, Mijarc Telugu Coordinator.



- On 24th April 2024, as part of UNDROP, Social Activity and awareness Plantation Drive was done. As a team 12 members bought some plants and planted in our office at Vijayawada. Miss Divya Priya, Mijarc Telugu Coordinator lead the Program.







## **2. MIJARC ASIA– KARNATAKA**

- **Youth Engagement at Kallatipura Parish, Diocese of Chikmagalur, Karnataka:**

The youth of Kallatipura Parish, in collaboration with the Karnataka Youth Commission and MIJARC Asia, embraced the opportunity for a new beginning. This initiative focused on educating the youth about their fundamental rights and duties as prescribed in the Constitution of India. The MIJARC Asia Youth Movement played a crucial role in sparking the interest of the parish youth, who actively participated in the studies and deeply appreciated their significance. As a result, they pledged to enlighten their community and surrounding areas about these fundamental principles.

- **JAGRIC Program:**

A five-week JAGRIC program was conducted, during which the youth studied the fundamental rights and duties of every citizen. A questionnaire on Rights and Duties was prepared, and the youth responded by answering it, raising awareness among them. Additionally, a seminar on fundamental duties was held for children, teaching them to respect the National Flag, the National Anthem, and to protect public property.

- **Competitions and Community Service:**

Various competitions were organized for children, including drawing competitions on nature and cleaning the surroundings, especially market places, bus stands, and hospitals. These activities captured public attention. Children planted saplings in gardens, while the youth planted saplings on hillocks, contributing to environmental conservation.

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- **Christmas Celebration - 'Christmas Sambhrama':**

To celebrate Christmas, 'Christmas Sambhrama' was organized, featuring carol singing, a skit depicting the birth of Jesus, and a Christmas message. Entertaining cultural programs were also presented. The youth were honored with Christmas gifts, and everyone enjoyed the festivities.



- **Women's Day Celebration:**

The Women's Day celebration for the women of the parish included creating awareness about women's rights and their role in society. This event highlighted the importance of women's contributions to the community.





## **7. Laudato Si' Initiative:**

In alignment with the Laudato Si' initiative, a plantation drive was conducted at Shalini International School in Chikmagalur, Karnataka. This effort aimed to motivate the younger generation to value nature and actively participate in environmental conservation.



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## **3. MIJARC ASIA– NORTH EAST ACTIVITY**

- The first of its kind MIJARC, UNDROP awareness program was held at Sishubari, Catholic Church, Kwilamwila Parish under Diocese of Bongaigaon on 11th Feb 2024, with more than 120 participants. The program stressed on providing proper guidance on agricultural related information to the peasants.
- The 2nd UNDROP Awareness Program was held at Christ King Church, Kajalgaon, Cathedral Parish under Diocese of Bongaigaon on 18th February 2024. The Program was benefitted by 100 participants.





- The one-day UNDROP Awareness Program was held at Seke Hemtun, Diphu on 24th February 2024 for the Youth farmers and for the farmers of the Parish. 61 attended the Program. The importance of the farmers' rights were made known to them widely.
- The UNDROP seeds distribution and awareness on Agroecology was held at Sishubari Village, Chirang, Assam on 5th April 2024. Mijarc-NE distributed ginger seeds to 5 SHG's to empower women economically.
- On 21st April 2024 Mjarc-NE under Youth Partnership Commission, organized an Awareness Program on Agroecology at St Francis Xavier Catholic Church, Bashbari Kokrajhar, Assam. In this program, the Youths planted saplings, and made a visit to the Agriculture farm to interact with the farmer. 45 youth attended

- On 28th April 2024, Mijarc-NE, under Youth Partnership Commission, organized Young Farmers training program at Sacred Heart Catholic Church, Magurmari Kokrajhar, Assam. The program stressed on (a) Organic Farming, (b) Climate change, (c) Rural Economic Development, (d) Improvement of living standard. 150 Youth attended.



- On 11th May 2024 Mijarc-NE Presented MijarcAsia/Mijarc world at ICYM-NE Regional Youth Council at Tura, Meghalaya.

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#### **4. MIJARC ASIA– TAMIL NADU ACTIVITY**

- MIJARC Team of Tamil Nadu planned and organized a training program for MIJARC Tamil Nadu members on February 25,2024. The training focused on key areas including Natural Farming practices, the importance of Nutritious Food, achieving the Sustainable Development Goals (SDGs), and the vital role of Trees in preserving biodiversity.





- On 18th March 2024, MIJARC Team Member Training Program was conducted in order to further empowering the members and it was fruitful to everyone. During the session, equipped them with valuable networking skills to leverage available resources. Additionally, dedicated in-charge persons were elected for the Women's Commission, Solidarity Economy, and Food Sovereignty committees.







## 5. MIJARC ASIA– KERALA ACTIVITY

- In collaboration with the Kerala Catholic Youth Movement (KCYM), MIJARC Kerala celebrated “The Shade,” a statewide initiative dedicated to Environment Day. This event included a series of environmentally focused activities throughout June which included Statewide Cleaning, Tree Planting Unit Level Vegetable Garden Inauguration.
- In alignment with International Women’s Day, MIJARC Kerala and KCYM celebrated Women's Day, focusing on recognizing and empowering women within the community. The event highlighted the achievements of women and created awareness about their rights and roles in society.

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## 6. MIJARC ASIA– LAOS ACTIVITY

- **Thriving Ventures: Frog Raising and Mushroom Cultivation to Support the Young Lives Project in Laos**

Young Lives Laos, based in Vientiane, is dedicated to providing alternative educational opportunities to economically disadvantaged youth in collaboration with local churches and communities. Spearheaded by a passionate team, the Frog Raising and Mushroom Cultivation projects have not only generated additional income but also provided nutritious food for the center. Let's explore how these ventures are transforming lives and cultivating a brighter future.

- **Frog Raising: A Leap Towards Success**

In November 2023, the Frog Raising initiative began with a shared commitment to make a difference. The team established a purpose-built frog house and procured 500 froglets, accompanied by 10 free ones.

. After three to four months of dedicated care, the frogs were ready for sale in February. The initial batch sold out swiftly, highlighting the demand for this product. A second batch of 500 froglets was acquired in April, with expectations of future success.



- **Mushroom Cultivation: Cultivating Success, One Harvest at a Time**

In January 2024, the Mushroom Cultivation project took root. A dedicated mushroom house was constructed, providing an ideal environment for cultivation. In March, after patiently waiting for the spores to spread, the team harvested a remarkable 69 kilograms of mushrooms from 700 fruiting bags. Recognizing the potential, another batch of 1000 fruiting bags was acquired in June to meet the growing demand.

To stimulate sales, successful sellers who are students, interns or stave receive a 10% commission per kilogram of produce sold. This incentive acknowledges their contribution to the growth and outreach of the initiative





## 7. MIJARC ASIA– PAKISTAN ACTIVITY

MIJARC Pakistan organized a teenager leadership development program in Lahore on June 6, 2024, attracting over 30 enthusiastic participants. These young leaders are actively engaged in initiatives aimed at fostering positive societal change, gaining practical leadership skills, and learning the importance of teamwork and community impact under the supervision of Miss Marriam. This program empowers teenagers, typically aged 13 to 19, with essential skills such as communication, teamwork, problem-solving, and decision-making through interactive workshops, group projects, and mentorship from experienced leaders. Participants also undertake community service projects, instilling responsibility, empathy, and social awareness.



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# Voices of Changemakers



We are the voices of a brighter day,  
The changemakers who pave the way.  
With words of hope and actions bold,  
We fight for the future, young and old.

We speak for the trees, for the skies so blue,  
For the creatures that depend on you.  
We raise our voices, loud and clear,  
To protect the planet, year by year.

With every step, with every deed,  
We strive for a world where all can read,  
A world where sustainability reigns,  
And nature's beauty remains, untainted by pains.

Join us, let's rise, let our voices be heard,  
For a better tomorrow, a brighter word.

**Brintha**

**MIJARC Tamil Nadu coordinator**

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*Plant today,  
breathe tomorrow*



*THANK YOU*